



His Guilty Secret by Héle Fermon is out on 27th November 2017 and will be available from Amazon, priced £9.99 in paperback and £3.99 as an e-book. For more information see helenefermon.com

ABOUT THE AUTHOR

Born into an Anglo-Swedish family, **Héle Fermon** grew up in Malmö in Sweden. Surrounded by an idyllic landscape, she started writing at eight years old.

Spending a brief time in the music industry performing on Swedish TV and radio, she decided to pursue a career as a therapist, focussing on children with learning difficulties. In the mid-90s Héle moved away from Sweden to move to London, the city has been her home now for over 20 years. Despite her love of London, she frequently travels back to her native city of Malmö to get back to the landscape of her childhood which first inspired her writing.

Héle's other books include: *Because of You* and *We Never Said Goodbye*.

**NEW
BOOK**

What is *His Guilty Secret*?

THE MAN SHE TRUSTED WAS A LIAR AND A CHEAT. SHE WAS GLAD HE WAS DEAD.

His Guilty Secret takes the reader on a scandalous tale of death, betrayal, love and no less than five affairs. Héle Fermon's novels deal with the psychological and moral complexity of issues that readers will easily identify with. Her experience as a therapist helps her to understand the true emotions of her characters, leading them through their grief, addictions and escape from their toxic relationships.

As well as being a published novelist, Anglo-Swedish writer Héle Fermon is also a practicing psychologist, allowing her to accomplish a sense of realism rarely seen in fiction. Her third novel, *His Guilty Secret* is set between London, Paris and Malmö in Sweden. The location of the novel follows the author's own life, writing between London and the idyllic city of Malmö, where she spent most of her childhood. Writing in English, while drawing inspiration from Scandinavian literature, her novels bring a psychological twist to contemporary women's fiction.

The women of *His Guilty Secret* are inspiring, courageous and above all authentic. Featuring powerful mother figures, fighting to protect their children against life's harsh realities, sisters struggling to rekindle a relationship battered by arguments and time, wives struggling against the strain of deceit and abuse and a shocking revelation, when someone turns out not to be quite who they purport to be...

Praise for Héle Fermon's books:

"A gripping work of modern women's fiction with a distinct 'Scandi' feel and a psychological twist" **The Book Magnet**

"Fermon writes women's fiction with a unique 'Scandinavian noir' tone that focuses on realistic characters, situations and dark morally complex moods" **The Mirror**

"Héle Fermon goes to great lengths to create believable and relatable three-dimensional characters." **Love Reading**

READY TO SPEAK TO THE MEDIA:



Héle Fermon

Héle Fermon is a novelist and practicing psychologist. She is available to provide comment, interviews and by-lined articles on a number of topics around her novels and the psychology of the themes they explore:

Once an addict, always an addict?

The importance of strong female and vulnerable male characters in literature

Can relationship breakdown cause mental and physical health issues?

Love & psychology – the psychology behind why we fall for certain 'types'

Fighting the fury – the psychology behind anger and how we can control it

Psychology & Fiction - How my job makes me a better writer

Characters that connect: How to write believable characters

Grief – How to cope if grief hits when you least expect it